



Rule #4 “Pray!”

Being caught between a rock and a wet place will drive most anyone to pray. But how should we pray during difficult times? Is there a way God wants us to pray when we are facing a Red Sea Crisis? To learn the answer, this Sunday we learned about Red Sea Rule #4: Pray!

Relevant Information (Large Group)

- If you could travel anywhere in time where would you go?
- What was one thing that stood out to you from the message on Sunday?
- Watch Kam’s Story: Select “Testimony Collection” Select, “Chapter Selection” Select, “Rule 4”
**Special Note: Watch ONLY until 20:26. Red Sea Rule #5 will immediately follow Rule #4.
- What is one thing in Kam’s story that stood out? How is Rule #4 reflected in her story?
- Share a specific time when you know prayer made a difference in your circumstances.
- Read Exodus 14:10. Why was it important that the Israelites cried out to God?
- Does God welcome crisis-time prayer? Base your answer on 1 Peter 5:6-7.
- Who is someone you know that has a strong prayer life? Why do you admire their prayer life?
- Why do many people struggle with prayer in their personal lives?
- How would you describe your current prayer life in one or two words?
- If you could describe your future prayer life in one or two words, what would they be? What is keeping you from having a prayer life characterized by these one or two words?
- How would you encourage someone who is struggling in their prayer life?

Gracious Obedience “Application” (Smaller Groups 2-6 people)

- What are one or two practical ways in which you can implement a stronger set of prayer habits during this time in your life?

Walking Together (Smaller Groups 2-6 people)

- Share at least one prayer request with your group. Each member of your group commit to intentionally praying for at least one other person’s request this week.

Outreach (Large Group)

- Set up a time to meet with your friend and give them a copy of the Red Sea Rules book. Perhaps they’d be interested in going through the book together with you.

(REVIEW AND WRITE DOWN ANY COMMITMENTS OR ASSIGNMENTS FROM YOUR GROUP THIS WEEK)